

# PARTICIPANTS NEEDED

## FOR RESEARCH STUDY TO LOWER BLOOD PRESSURE



You are invited to participate in a research study on a wearable device to lower blood pressure

### What is the purpose of the study?

Hypertension is a silent killer.

It claims 9.4 million annual deaths worldwide.

1 in 4 adults in Singapore has hypertension and 50% of the patients do not take medication.

This study explores the use of a non-invasive wearable device to treat high blood pressure.

## Who are we looking for?

We are looking for:

- Healthy normal individuals **aged 21 to 80 years**
- **Hypertensive patients aged 21 to 80 years** on blood pressure medication with no change in medication for the last one month



*Eligible participants will receive an allowance for transportation and time spent in the study.*

## What do we need from you?

- Two trips to National Heart Centre Singapore
- A 24-hour ambulatory blood pressure monitor to be worn for one day
- An additional study device to be worn for 8 hours on the same day
- Complete a questionnaire (5-10 minutes) at each visit



**National Heart Centre Singapore**

5 Hospital Drive, Singapore 169609

If uncertain of the requirements, please call 6704 2234 from Monday to Friday (8.30 am to 5.30 pm) or email [magnetic.bp@nhcs.com.sg](mailto:magnetic.bp@nhcs.com.sg).

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