




# DO YOU HAVE TYPE 2 DIABETES?

Cardiovascular events (heart disease and stroke) are the leading cause of death among patients with diabetes. The **ADOPT (Asian Diabetes Outcomes Prevention Trial)** aims to identify patients with diabetes and high risk of developing heart disease and stroke, for preventive therapy to reduce the risk of these events.

You are a potential participant for this study if you:

-  **are  $\geq$  40 years of age**
-  **have had Type 2 diabetes for at least six months**
-  **have no known cardiovascular events (heart disease and stroke)**

The study duration is approximately four years, including a screening visit, interim visits and up to three outpatient visits. All medications prescribed for the active preventive therapy are medications that are widely used in patients with diabetes mellitus.

For enquiries, please contact any of our Clinical Research Coordinators below:

(Operating Hours: 8.30am to 5.30pm, Monday to Friday)

**Changi General Hospital** - Tel: 6850 1994  
**National University Hospital** - Tel: 6601 5950  
**Singapore General Hospital** - Tel: 6321 3718  
**Tan Tock Seng Hospital** - Tel: 6357 3046

Enrollment eligibility will be determined after screening tests. Eligible participants will receive study-related blood tests, clinical assessments, questionnaires, and scans at no cost. Allowance will be given for transportation and time spent in this study.

