The NHCS Heart To Heart Fund raises funds for the following causes:



Helping financially needy patients



Pioneering advances in cardiovascular medicine through medical research



Funding new treatment modalities for better patient outcomes



Supporting cardiovascular medical education & training for healthcare professionals

For more information, please get in touch with the NHCS Development at:

Email: development@nhcs.com.sg Tel: 6704 2384



Every year, almost one in three people in Singapore succumb to heart disease or stroke.

Like many diseases, chronic heart conditions have profound impact on our patients and their loved ones.

Besides grappling with their health conditions, some face financial and employability issues which may lead to a delay in seeking timely treatment.

Your gift means providing patients a peace of mind and timely access to care.

With our ageing population and high prevalence of diabetes, cardiovascular disease (CVD) is predicted to increase. Now with advancing medical technologies and capabilities, we are able to study the progression of CVD and the underlying mechanisms on why one patient develops heart disease while another does not. Such studies allow us to translate the knowledge into better health outcomes and care for our patients.

Your gift means discovering new treatments for patients and improving heart health.

Make a difference today. Impact the lives of patients now, and future generations tomorrow.

One-Time Donation Mont \$30 \$50 \$100 \$200 Other amount: \$

I want my gift to go to:

Financial assistance to needy patients

Monthly Donation

(please specify)

Medical Research

Training and Education

New Treatment Modalities

(If none of the above is selected, your gift will go towards promoting, raising awareness and advancing the above causes.)

Donor's Details

Personal Donation

Name of Donor: (Dr/Mr/Ms/Mdm)

Corporate Donation
Name of Donor/Company:

NRIC/FIN No/UEN No.^:

Contact Details:

Tel: (Home/Mobile) (Office)

Email:

Address:

Postal Code

(For tax deduction purposes)

Acknowledgement

NHCS acknowledges donations of \$10,000 and above on our donors' appreciation wall.

I/We do not want to be acknowledged in any way.

I/We would like the following name to be acknowledged.

(Dr/Mr/Ms/Mdm)

(Please write in BLOCK LETTERS)

Please tick here if you would like to add 'In Memory of' before the above name to be acknowledged.

This gift is made in honour of for the exemplary care received. (name of healthcare staff)

Mode of Donation

Cheque No.:

(Please make payable to "SHF-NHCS FUND")

Credit Card

VISA Mastercard Diners AMEX Cardholder name:

Card No.:

Expiry Date:

(MM/YYYY)

Signature:

(as appears on credit card)

GIRO

Name as in Bank Records:

Name of Bank:

Branch:

Bank Account No.:

Signature/Thumbprint*:

(as in Bank Records)

- * For the thumbprint, please go to the branch with your identification documents.
- I/We hereby authorise SHF-NHCS Fund to debit my/our account.
- •You are entitled to reject SHF-NHCS Fund debit instructions if my/our account does not have sufficient funds and charge me/us a fee for this. You may also at your discretion allow the debit even if this results in an overdraft on the account and impose charge or charges accordingly.
- •This authorisation will remain in force until terminated by your written notice sent to my/our address last known to you or upon receipt of my/our written revocation through SHF-NHCS Fund.

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Please tick where applicable:

By providing my particulars as requested in this form, I, the Donor understand and acknowledge that I am deemed to have given consent to the relevant SingHealth organisations and their successors or assigns (collectively 'Organisations' as detailed in the SingHealth Data Protection Policy) collecting, using and/or disclosing my personal data, and disclosing my personal data to each other (as may be necessary) for the purpose of processing my donations and such other reasonably related purposes as may be set out in the SingHealth Data Protection Policy available at www.singhealth.com.sg/pdpa.

By ticking this box, I agree to any of the SingHealth Organisations sending me information and/or contacting me via voice call, SMS, post and email on their fundraising campaigns, volunteer recruitment, social outreach and other related topics and events. I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to each of the Organisations in respect of my personal data, and are additional to any rights which the Organisations may each individually have at law to collect, use or disclose my personal data.

By ticking this box, I wish to remain anonymous and my personal data/donation : should not be published or recognised in any form.

For SHF-NHCS Fund Official Use Only

Bank				Branc	:h		SHF-NHCS Fund A/C No.									
7	1	7	1	0	0	3	0	0	3	9	4	5	3	4	8	5
SHF-NHCS Reference																
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For Bank's Official Use Only

To SHF-NHCS Fund:

This Application is REJECTED due to the following:

- O Signature/Thumbprint* differs from Financial Institution's records
- O Signature/Thumbprint* is incomplete/unclear
- O Account operated by Signature/Thumbprint*
- O Amendments not countersigned by donor
- Wrong account number

Name of Approving Officer

^All donors are to provide their Tax Reference number (e.g. NRIC/FIN/UEN) where applicable to receive 2.5 times tax deduction. Donations will be automatically included in the donor's IRAS tax assessment. Official receipt is issued only upon written request. All donations are managed by SingHealth Fund (UEN 201624016E).

PATIENTS. AT THE HE RT OF ALL WE DO.

FORM-SHF-H0009-1-201911

do not write

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6 Different patients may have the same blood pressure reading but at different risks of developing heart failure or heart disease.

- Asst Prof Calvin Chin, Senior Consultant, Cardiology **Clinician Scientist**

NHCS developed a Remodelling Index to determine the 'tipping point' of heart muscle thickening before heart functions deteriorate.

This is one of the research studies that NHCS has embarked with the aim to identify those who are at risk or are in the early stages of cardiometabolic disorders. Such medical research studies enhance our understanding of how cardiovascular diseases develop in Asian population, and drive new discoveries and treatments for better health outcomes.

Studies have suggested that having fat surrounding and inside organs such as the liver is strongly linked to diabetes and heart disease.

More research can be done to find the answers and better understand the health implications of internal body fat.



Scan the OR code to find out more on the study

Be part of our medical research journey today as we discover new treatments to heart diseases.

CONTACT US

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5 Hospital Drive Singapore 169609



YOUR GIFT

illuminates

A LIFE

SingHealth FUND

Mr Na Lian Thong (right) and his son, now enjoy more years together.

66 If it wasn't for the help

received, I wouldn't be able

to see my grandchild today.

Mr Ng can now spend time playing with his one-year old granddaughter and continue with his religious volunteering.

Just two years ago, Mr Ng's life was on the line. "For years, I suffered regular episodes of asthma attacks and breathlessness; constantly in and out of hospital. It was only later that doctors found out my issue was not due to my weak lungs but a heart problem."

Mr Ng was diagnosed with damaged heart valve and was told that he had only a 50 per cent chance to live past one year.

Transcatheter Aortic Valve Implantation (TAVI) - a minimally invasive procedure to repair his damaged heart valve was his only treatment option.

The decision was hard for Mr Ng's two sons who were financially strapped with unstable employment and income, "We are grateful to NHCS Heart To Heart Fund for the help in subsidising the treatment cost."

"We lost our mother 7 years ago. Now, seeing our father doing well and able to spend precious time with his first grandchild, means so much to us."

- Mr Na's elder son