

Hypertension & You

Get the True Story and Release the Pressure!

17 July 2021, 11am to 12pm via **zoom**

SYNOPSIS

Hypertension (or high blood pressure) is often referred to as the “silent killer”. While the condition may have no symptoms, when left untreated, hypertension can lead to serious health issues such as a heart attack, heart failure and stroke. Hypertension is a common chronic condition affecting almost 1 in 4 Singaporeans aged 30 to 69 years, with the likelihood of getting hypertension increasing with age.

Find out more from our doctors about hypertension and how you can manage the condition to lead a healthier life. The speakers will also address the questions you may have on hypertension at the Question and Answer (Q&A) session.



To register : **Scan the QR code or [click here](#)**

Limited slots available. Log-in details will be sent upon confirmation.



Asst Prof Ho Kay Woon

Senior Consultant,
Department of Cardiology, NHCS

• MODERATOR



Dr Mohammed Rizwan Amanullah

Consultant,
Department of Cardiology, NHCS

• SPEAKERS & TOPICS

Do I Have Hypertension and Must It Be Treated?



Clin Assoc Prof Chin Chee Tang

Senior Consultant,
Department of Cardiology, NHCS

Managing Your High Blood Pressure

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